



GLUTEN-SENSITIVE GUIDE - UPDATED FEBRUARY 2019
Menu items made without gluten-containing ingredients*

Although Colton's Steak House & Grill does not have gluten-free kitchens, we will make every attempt to meet your needs for a gluten-restricted diet. The items listed below are menu suggestions made without gluten-containing ingredients, as is, or can be ordered with minor changes (*shown in italics*). Please ask for a Manager when placing your order.

***Because of the nature of our menu items, the shared cooking and preparation areas of our kitchens and our reliance on suppliers for information, we cannot guarantee any item is free of gluten. While these items are made without gluten-containing ingredients, they do not meet the definition of "gluten free" for those who are highly sensitive.**

SALADS
Request NO croutons on salads.
Request that salads be tossed in separate mixing bowls from other salads
BLT (where available)
Caesar Salad with Chicken and Shrimp
Grilled Salmon Salad <i>w/o tortilla strips</i> (where available)
Grilled Sirloin Salad
Mesquite Grilled Chicken Salad
Southwest Chicken Salad <i>w/o tortilla strips</i> (where available)
Strawberry Pecan Salad (where available)
Texas House Salad (where available)
DRESSINGS
Balsamic Vinaigrette, Bleu Cheese, Caesar, French, Honey Dijon, House, Italian, Oil & Vinegar, Ranch, Spicy Ranch, Thousand Island, Fat Free Ranch and Fat Free Raspberry Vinaigrette
RIBS & COMBOS
Colton's Ribs
Ribeye & Grilled Shrimp (where available)
Ribs & Chicken
Sirloin & Grilled Shrimp
Sirloin & Ribs

STEAK DINNERS
Chopped Sirloin & Del Rio Ribeye <i>w/o Onion Tanglers</i>
Filet Mignon
New York Strip
Ribeye
Sirloin
Sirloin Tips
T-Bone
FAVORITES
Mesquite Grilled Chicken
Santa Fe Chicken (where available)
Grilled Pork Chops <i>w/o Onion Tanglers</i>
FISH & SEAFOOD
Blackened Salmon
Blackened Tilapia <i>w/o tortilla strips</i> (where available)
Grilled Shrimp
Mesquite Grilled Salmon
BURGERS & SANDWICHES
Bacon Cheeseburger (order w/o bun)
Deluxe Grilled Chicken Sandwich (order w/o bun)
Lonesome Burger (order w/o bun)
Mesquite Grilled Chicken Sandwich (order w/o bun)
Smoked Turkey Club (order w/o wheat bread)

KID'S MEALS
Kids Sirloin Tips
Kids Mesquite Grilled Chicken
Kids Apple Sauce
Kids Mandarin Oranges
SIDE ITEMS
Request NO croutons on salad. Request no additional toppings on potatoes.
Baked Potato
Baked Sweet Potato
Caesar Salad (w/o croutons)
Coleslaw
Green Beans (where available)
House Salad (w/o croutons)
Smashed Potatoes
Steamed Veggies
Grilled Asparagus (where available)
Grilled Corn on the Cob (where available)
Mashed Garlic Parmesan Cauliflower (where available)