

NUTRITIONAL GUIDE INFORMATION UPDATED 5/8/17

Colton's Steak House & Grill is providing complete and current nutrition information. Due to the handcrafted nature of our menu items, changes in recipes and kitchen procedures, there may be variations between the nutrition shown below and what is actually served. If you have any questions about this information, we ask that you please contact the Manager at the Colton's Steak House & Grill you are visiting.

NUTRITIONAL INFORMATION

	CALORIES	CALORIES FROM FAT (g)	FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (g)	SODIUM (g)	CARBS (g)	FIBER (g)	SUGAR (g)	PROTEIN (g)
APPETIZERS											
Boneless Honey Barbeque Wings (where available)	724	222	25	4	3	45	3540	98	22	50	21
+ Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Cheese Fries (regular)	1781	994	110	44	4	195	5773	135	13	1	67
+ Spicy Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Cheese Fries (small)	1422	856	95	42	2	195	4097	85	8	1	62
+ Spicy Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Chipotle Chicken Nachos	2336	1106	123	53	3	320	4684	192	17	21	117
Fried Dill Pickles (where available)	457	130	14	3	2	53	2830	69	2	3	12
+ Spicy Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Fried Green Beans (where available)	666	339	38	6	2	0	1501	72	6	0	9
+ Spicy Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
J.T.'s Cheddar Bites	841	545	61	33	1	80	1840	32	8	8	40
+ Marinara Sauce	60	0	0	0	0	0	520	12	3	8	2
J.T.'s Onion Blossom	568	36	4	2	0	80	1633	116	9	28	17
+ Colton's Signature Sauce	521	414	46	9	1	74	926	22	0	8	1
Onion Tangles (regular)	573	151	17	4	2	80	1626	90	5	17	15
+ Colton's Signature Sauce	521	414	46	9	1	74	926	22	0	8	1
Onion Tangles (small)	365	96	11	3	2	51	1035	57	3	11	10
+ Colton's Signature Sauce	521	414	46	9	1	74	926	22	0	8	1
Queso Dip	902	420	47	20	1	105	1584	88	5	5	32
Santa Fe Egg Rolls (where available)	605	201	22	8	1	38	1395	76	10	12	26
+ Spicy Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Spinach Artichoke Dip (where available)	911	424	47	22	1	95	1205	90	7	3	30
Trail Potatoes	1209	642	71	37	0	195	1486	84	6	3	63
+ Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
BBQ Pork Nachos (where available)	2240	1182	131	64	1	344	5416	161	34	44	109
Crab Cake Appetizer, Double (where available)	616	323	36	7	0	135	1239	50	5	24	22
+ Raspberry Chipotle Sauce	300	0	0	0	0	0	934	73	0	60	0
+ Colton's House Dressing	597	520	58	11	1	63	827	18	0	9	1
Crab Cake Appetizer, Single (where available)	406	206	23	4	0	70	839	37	3	21	12
+ Raspberry Chipotle Sauce	300	0	0	0	0	0	934	73	0	60	0
+ Colton's House Dressing	597	520	58	11	1	63	827	18	0	9	1
Mozzarella Cheese Sticks (where available)	985	609	68	22	2	80	2320	64	0	8	40
+ Marinara Sauce	60	0	0	0	0	0	520	10	3	8	2
J.T.'s Chips & Dip (where available)	946	485	54	12	3	0	2604	99	9	0	9
+ Chipotle Ranch Dressing	420	346	38	7	0	22	835	19	0	14	1
Smoked Salmon Dip (where available)	325	222	25	14	0	86	1027	13	0	4	14
Sausage & Cheese Platter (where available)	1663	1293	144	60	1	330	5196	12	2	10	78
+ Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Wild West Wings (Hot) (where available)	670	460	51	13	2	188	2111	4	2	1	45
+ Bleu Cheese	639	611	68	14	0	71	678	7	0	1	4

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SOUPS											
Loaded Baked Potato Soup, Bowl	320	143	16	14	0	6	1313	41	1	5	3
Loaded Baked Potato Soup, Cup	244	110	12	10	0	5	995	31	1	4	2
Tortilla Soup, Bowl	441	84	9	1	0	30	1870	72	10	4	20
Tortilla Soup, Cup	376	73	8	1	0	23	1420	62	8	3	16
FAVORITES											
Chicken Fried Chicken	578	120	13	4	1	212	1453	48	1	4	63
+ White Pepper Gravy	91	46	5	1	2	0	455	11	0	2	1
Coltons Loaded Chicken	620	287	32	14	1	202	1269	7	1	2	74
+ Honey Dijon	160	81	9	1	0	10	540	20	0	18	0
Country Fried Steak	724	336	37	10	2	90	1400	58	4	0	38
+ Mushroom Gravy	31	2	0	0	0	0	460	6	0	0	1
+ White Pepper Gravy	91	46	5	1	2	0	455	11	0	2	1
Grilled Pork Chop, 8 oz (one)	543	261	29	11	1	143	1877	25	2	5	47
+ Raspberry Chipotle Sauce	150	0	0	0	0	0	467	37	0	30	0
Grilled Pork Chops, 16 oz (two)	928	479	53	21	1	265	2545	25	4	5	89
+ Raspberry Chipotle Sauce	150	0	0	0	0	0	467	37	0	30	0
Hawaiian Chicken	425	70	8	2	2	132	1392	29	0	5	55
Homestyle Chicken Tenders	517	90	10	2	1	135	1451	42	2	4	61
+ Honey Dijon	160	81	9	1	0	10	540	20	0	18	0
Mesquite Grilled Chicken	430	87	10	2	2	132	1432	26	0	2	55
Southwest Chipotle Tips	614	185	21	6	3	192	1435	38	2	9	64
Santa Fe Chicken <i>(where available)</i>	652	298	33	15	0	202	1355	13	1	11	73
+ French Dressing	160	90	10	2	0	0	820	18	0	18	0
Fried Pork Chops <i>(where available)</i>	977	404	45	16	2	208	2692	78	3	8	66
+White Pepper Gravy	91	46	5	1	2	0	455	11	0	2	1
J.T.'s BBQ Chicken <i>(where available)</i>	370	53	6	2	0	147	926	20	2	5	55
STEAK DINNERS											
Sirloin 6 oz.	491	342	38	13	4	88	1046	1	0	0	34
Sirloin 9 oz.	686	463	51	18	4	133	1523	1	0	0	51
Sirloin 12 oz.	881	585	65	23	4	177	2001	1	0	0	68
Ribeye 10 oz.	853	527	59	21	4	357	1005	0	0	0	75
Ribeye 16 oz.	1304	783	87	32	4	571	1095	0	0	0	121
Hawaiian Ribeye 12 oz.	951	513	57	22	0	428	636	12	0	10	91
Del Rio Ribeye 12 oz.	1353	763	85	28	7	450	6001	43	9	12	97
New York Strip 14 oz.	1023	669	74	28	4	230	1057	0	0	0	82
Porterhouse T-Bone 18 oz.	1053	765	85	32	4	250	1047	0	0	0	66
Filet Mignon 8 oz.	672	473	53	19	3	148	1946	1	0	0	45
Chopped Sirloin	577	253	28	10	2	149	1372	34	3	9	44
Sirloin Tips	530	319	35	13	1	103	1139	9	2	5	41
Prime Rib 8 oz. <i>(where available)</i>	634	450	50	20	0	150	1282	3	0	1	41
+ Au Jus	6	0	0	0	0	0	454	1	0	1	0
+ Horseradish	171	146	16	6	0	30	186	5	0	2	1
Prime Rib 12 oz. <i>(where available)</i>	952	676	75	30	0	225	1923	4	0	2	61
+ Au Jus	6	0	0	0	0	0	454	1	0	1	0
+ Horseradish	171	146	16	6	0	30	186	5	0	2	1

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Prime Rib 16 oz. (where available)	1269	901	100	40	0	300	2564	5	0	2	81
+ Au Jus	6	0	0	0	0	0	454	1	0	1	0
+ Horseradish	171	146	16	6	0	30	186	5	0	2	1
Smoked Sirloin 9 oz. (where available)	793	294	33	10	4	148	6889	65	9	23	54
+ Au Jus	6	0	0	0	0	0	454	1	0	1	0
+ Horseradish	171	146	16	6	0	30	186	5	0	2	1
STEAK DINNER ADD-ONS & TOPPINGS											
Black and Bleu any Steak (where available)	134	77	9	5	0	25	2540	8	3	0	7
Feta and Bacon Steak Topping (where available)	140	96	11	6	0	33	613	0	0	0	9
Mushroom and Onion Steak Topping	147	103	11	2	3	0	117	9	1	3	2
Blacken any Steak (where available)	34	5	1	0	0	0	2160	8	3	0	1
Del Rio Topping	641	434	48	10	13	22	6009	43	10	12	7
Del Rio Shrimp (where available)	332	212	24	5	7	130	888	11	2	2	18
Fried Shrimp	212	67	8	2	1	156	350	16	1	3	20
+ Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Grilled Shrimp	245	77	9	2	2	77	1606	28	1	2	13
+ Melted Butter	400	396	44	10	14	0	360	0	0	0	0
RIBS & COMBOS											
St Louis Style Ribs, Full Order	1625	1192	132	50	0	433	3670	5	3	0	96
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ with Barbecue Sauce	80	0	0	0	0	0	740	18	8	12	0
St Louis Style Ribs, Half Order	975	715	79	30	0	260	2202	3	2	0	58
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ with Barbecue Sauce	80	0	0	0	0	0	740	18	8	12	0
Ribs & Catfish	1395	817	91	30	2	310	3731	57	10	13	82
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ Tartar Sauce	300	288	32	5	0	30	920	2	0	2	0
Ribs & Chicken (where available)	1323	684	76	27	2	349	4007	46	10	14	104
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
Sirloin & Fried Shrimp	812	437	49	15	5	259	1692	34	2	6	57
+ Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Sirloin & Grilled Shrimp	766	424	47	15	6	212	2692	28	1	2	53
+ Melted Butter	400	396	44	10	14	0	360	0	0	0	0
Sirloin & Chicken (where available)	921	429	48	15	5	220	2478	26	0	2	89
Sirloin & Ribs	1383	938	104	37	4	305	3621	21	10	12	82
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
Chicken & Catfish (where available)	912	289	32	7	2	225	2315	61	1	3	89
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ Tartar Sauce	300	288	32	5	0	30	920	2	0	2	0
Ribeye & Fried Shrimp (where available)	1170	622	69	23	5	527	1651	33	2	6	98
+ Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Ribeye & Grilled Shrimp (where available)	1124	609	68	23	6	480	2651	27	0	2	95
+ Melted Butter	400	396	44	10	14	0	360	0	0	0	0

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FISH & SEAFOOD											
Blackened Salmon	536	297	33	7	2	134	4513	15	5	0	48
+ Raspberry Chipotle	150	0	0	0	0	0	467	37	0	30	0
Fried Catfish Fillets	786	346	38	8	2	147	1816	57	1	2	54
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ Tartar Sauce	300	288	32	5	0	30	920	2	0	2	0
Fried Catfish Fillets (lunch portion)	503	220	24	5	2	93	1156	37	1	1	34
+ Tartar Sauce	300	288	32	5	0	30	920	2	0	2	0
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
Fried Shrimp	325	107	12	3	1	297	405	17	1	3	38
+ Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Fried Shrimp (lunch portion)	229	75	8	2	1	208	284	12	1	2	27
+ Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Grilled Shrimp	385	119	13	3	3	247	2280	29	1	2	36
+ Melted Butter	400	396	44	10	14	0	360	0	0	0	0
Grilled Shrimp (lunch portion)	320	97	11	2	3	173	1922	29	1	2	26
+ Melted Butter	400	396	44	10	14	0	360	0	0	0	0
Mesquite Grilled Salmon	409	222	25	5	0	134	899	1	1	0	45
+ Raspberry Chipotle Sauce	150	0	0	0	0	0	467	37	0	30	0
Blackened Tilapia <i>(where available)</i>	582	168	19	4	3	113	2587	51	7	2	54
Crab Cakes <i>(where available)</i>	448	239	27	5	0	130	807	31	3	6	21
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
+ Raspberry Chipotle Sauce	300	0	0	0	0	0	934	73	0	60	0
Del Rio Shrimp <i>(where available)</i>	408	228	25	5	7	180	3099	19	5	5	26
Pan Seared Tilapia <i>(where available)</i>	625	312	35	16	4	226	885	16	1	1	59
Shrimp Trio <i>(where available)</i>	1175	720	80	18	23	287	3301	70	3	18	43
SALADS & PASTA											
Caesar Salad	788	622	69	17	0	146	1749	22	6	4	28
+ Grilled Chicken	269	43	5	1	0	132	420	0	0	0	52
+ Grilled Shrimp	175	59	7	1	1	197	1014	2	0	0	26
Fried Chicken Salad	759	270	30	13	1	257	1592	54	8	12	67
Grilled Sirloin Salad	847	471	52	22	2	244	648	35	11	9	59
Mesquite Grilled Chicken Salad	640	245	27	12	0	288	924	23	7	9	74
Southwest Chicken Salad <i>(where available)</i>	677	171	19	3	0	132	2687	58	14	11	66
Texas House Salad	661	394	44	20	0	315	1727	26	7	11	41
Pasta Alfredo <i>(where available)</i>	1841	1133	126	46	4	185	1187	122	7	10	39
+ Grilled Chicken	249	25	3	1	0	132	147	0	0	0	52
+ Grilled Shrimp	88	30	3	1	1	98	507	1	0	0	13
+ Grilled Chicken & Shrimp	181	39	4	1	1	148	563	1	0	0	33
Chicken Pasta Alfredo (lunch portion) <i>(where available)</i>	1050	607	67	25	2	140	754	59	4	5	44
BLT Wedge Salad <i>(where available)</i>	248	158	18	9	0	52	980	6	2	4	15
+ Ranch Dressing	438	403	45	9	0	44	590	9	0	3	2
Hawaiian Chicken Salad <i>(where available)</i>	517	53	6	1	1	132	665	54	9	30	58
Salmon Salad <i>(where available)</i>	504	233	26	4	0	67	545	35	10	15	33
Southwest Pasta <i>(where available)</i>	1382	591	66	35	4	168	2661	139	11	13	35
+ Grilled Chicken	269	43	5	1	0	132	420	0	0	0	52
+ Grilled Shrimp	175	59	7	1	1	197	1014	2	0	0	26

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Strawberry Pecan Salad <i>(where available)</i>	728	494	55	10	2	20	525	44	13	28	16
+ Hawaiian Chicken	262	25	3	1	0	132	380	3	0	3	52
Soup & Caesar Salad Combo (salad only) <i>(where available)</i>	401	307	34	8	0	20	925	15	3	2	13
+ Bowl of Loaded Baked Potato Soup	320	143	16	14	0	6	1313	41	1	5	3
+ Bowl of Tortilla Soup	441	84	9	2	0	30	1870	72	10	4	20
Soup & House Salad Combo (salad only) <i>(where available)</i>	175	92	10	5	0	25	258	12	3	4	10
+ Bowl of Loaded Baked Potato Soup	320	143	16	14	0	6	1313	41	1	5	3
+ Bowl of Tortilla Soup	441	84	9	2	0	30	1870	72	10	4	20
BURGERS & SANDWICHES											
Bacon Cheeseburger	933	449	50	19	2	176	3011	59	3	13	58
J.T.'s Charbroiled Lonesome Burger	782	345	38	13	2	141	2338	56	3	12	49
+ Cheddar Cheese	51	41	5	3	0	15	233	1	0	0	3
+ Pepper Jack Cheese	53	36	4	3	0	10	93	0	0	0	3
+ Swiss Cheese	50	36	4	3	0	13	225	0	0	0	3
Montana Burger	1107	477	53	20	2	191	4047	91	12	27	61
Swiss Mushroom Burger	849	390	43	16	2	153	2413	58	3	13	53
Deluxe Grilled Chicken Sandwich	724	260	29	10	2	177	1808	40	1	2	72
+ Honey Dijon	160	81	9	1	0	10	540	20	0	18	0
Mesquite Grilled Chicken Sandwich	534	125	14	2	2	132	918	39	1	1	60
Philly Steak Sandwich	656	356	40	16	4	105	1308	35	4	9	38
Smoked Turkey Club	473	163	18	5	2	90	2129	39	3	9	43
+ Raspberry Chipotle Sauce	75	0	0	0	0	0	233	18	0	15	0
Jalapeno Burger <i>(where available)</i>	895	417	46	18	2	166	2801	56	3	12	59
Pulled Pork Sandwich <i>(where available)</i>	761	299	33	11	2	65	2127	78	12	27	34
+ Coleslaw	168	84	9	2	0	5	430	19	2	17	1
SIDE ITEMS											
4 Cheese Mac and Cheese <i>(where available)</i>	462	267	30	17	0	85	1243	25	1	3	19
Baked Potato w/ Butter & Sour Cream	627	334	37	12	8	38	349	62	4	4	9
+ Bacon Bits	120	84	9	4	0	27	587	0	0	0	8
+ Chives	2	0	0	0	0	0	0	0	0	0	0
+ Shredded Cheese	220	162	18	10	0	50	340	2	0	0	14
Baked Sweet Potato	445	3	0	0	0	0	283	103	15	21	8
+ Whipped Butter	249	246	27	5	8	0	275	0	0	0	0
+ Cinnamon & Sugar	16	0	0	0	0	0	0	4	0	4	0
Smashed Potatoes w/ Butter & Sour Cream	460	361	40	12	8	42	818	20	2	3	4
+ Bacon Bits	120	84	9	4	0	27	587	0	0	0	8
+ Chives	2	1	0	0	0	0	0	0	0	0	0
+ Shredded Cheese	220	162	18	10	0	50	340	2	0	0	14
+ White Pepper Gravy	68	34	4	1	2	0	342	8	0	1	0
+ Mushroom Gravy	23	2	0	0	0	0	345	5	0	0	1
French Fries	356	138	15	3	2	0	1676	49	5	0	5
+ Bacon & Cheese	215	160	18	9	0	49	366	2	0	0	13
Fried Okra	249	73	8	1	1	0	681	41	3	2	5
Green Beans <i>(where available)</i>	114	50	6	2	0	5	879	13	5	3	3
House Salad Side	183	92	10	5	0	25	272	14	4	5	10
Caesar Salad Side	400	307	34	8	0	20	925	15	3	2	13
Sautéed Mushrooms	159	73	8	2	2	0	274	15	3	7	5
Steamed Veggies	177	105	12	3	4	0	162	12	5	4	6
+ Bacon & Cheese	215	160	18	9	0	49	366	2	0	0	13

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Sweet Potato Fries	401	158	18	2	2	0	303	56	7	16	2
+ Mallo Sauce	100	0	0	0	0	0	20	26	0	22	0
Grilled Corn on the Cob <i>(where available)</i>	361	117	13	3	4	0	304	50	8	16	8
Grilled Asparagus <i>(where available)</i>	87	53	6	1	0	0	3	5	3	3	3
Mashed Garlic Parmesan Cauliflower <i>(where available)</i>	165	108	12	2	0	8	585	8	3	5	3
KIDS MEALS											
Kids 4 Cheese Mac and Cheese <i>(where available)</i>	924	535	59	34	0	169	2487	50	2	5	39
Kids Bite Size Sirloin Tips	325	202	22	9	0	74	789	0	0	0	28
Kids Grilled Cheese	261	100	11	5	0	30	806	31	0	2	11
Kids Homestyle Chicken Tenders	259	45	5	1	1	68	726	21	1	2	30
+ Honey Dijon	160	81	9	1	0	10	540	20	0	18	0
Kids Lonesome Burger	564	220	24	8	2	70	1513	54	2	11	29
Kids Mesquite Grilled Chicken	269	43	5	1	0	132	420	0	0	0	52
Kids Mini Corn Dogs	278	163	18	5	1	28	571	21	0	5	8
KIDS SIDES											
Kids Apple Sauce	81	0	0	0	0	0	9	20	0	16	0
Kids Fries	254	98	11	2	1	0	1197	35	3	0	3
+ Bacon & Cheese	215	160	18	9	0	49	366	2	0	0	13
Kids Green Beans <i>(where available)</i>	114	50	6	2	0	5	879	13	5	3	3
Kids Mandarin Oranges	65	0	0	0	0	0	20	15	1	15	1
Kids Smashed Potatoes w/Butter & Sour Cream	460	361	40	12	8	42	818	20	2	3	4
+ Bacon Bits	120	84	9	4	0	27	587	0	0	0	8
+ Chives	2	0	0	0	0	0	0	0	0	0	0
+ Shredded Cheese	220	162	18	10	0	50	340	2	0	0	14
+ Mushroom Gravy	23	2	0	0	0	0	345	4	0	0	1
+ White Pepper Gravy	68	34	4	1	2	0	342	8	0	1	0
KIDS DESSERTS											
Kids Ice Cream Sundae	590	189	21	14	0	75	270	96	0	71	6
KIDS BEVERAGES											
Kids Apple Juice	180	0	0	0	0	0	23	42	0	39	0
Kids Coke	89	0	0	0	0	0	5	24	0	24	0
Kids Diet Coke	0	0	0	0	0	0	9	0	0	0	0
Kids Sprite	87	0	0	0	0	0	20	23	0	23	0
Kids Pibb Xtra	87	0	0	0	0	0	13	23	0	23	0
Kids Hi-C Fruit Punch	94	0	0	0	0	0	8	25	0	25	0
Kids Minute Maid Lemonade	87	0	0	0	0	0	37	23	0	23	0
Kids Milk	180	68	8	5	0	38	180	17	0	17	12

	CALORIES	CALORIES FROM FAT (g)	FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (g)	SODIUM (g)	CARBS (g)	FIBER (g)	SUGAR (g)	PROTEIN (g)
DRESSINGS, DIPPING SAUCES & EXTRAS (2oz. Portions Unless Specified)											
Au Jus	4	0	0	0	5	0	303	1	0	0	0
Balsamic Vinaigrette	120	90	10	1	0	0	380	8	0	8	0
Barbecue Sauce	80	0	0	0	0	0	740	18	8	12	0
Bleu Cheese Dressing	319	306	34	7	0	35	339	4	0	1	2
Caesar Dressing	240	234	26	4	0	20	640	2	0	0	2
Cocktail Sauce	60	0	0	0	0	0	690	15	0	11	1
Fat Free Ranch Dressing	60	0	0	0	0	0	780	16	2	6	0
Fat Free Raspberry Vinaigrette	140	0	0	0	0	0	560	36	0	28	0
French Dressing	160	90	10	2	0	0	820	18	0	18	0
Gold BBQ Sauce	120	0	0	0	0	0	760	28	0	24	1
Honey Dijon Dressing	160	81	9	1	0	10	540	20	0	18	0
Honey	280	0	0	0	0	0	60	68	0	60	0
Horseradish Sauce	171	146	16	6	0	30	186	5	0	2	1
House Dressing	299	260	29	6	1	32	413	9	0	4	1
Italian Dressing	160	144	16	2	0	0	660	4	0	4	0
J.T.'s Oriental Dressing	125	72	8	1	0	0	1260	12	0	11	0
Ketchup	83	1	0	0	0	0	639	20	1	16	1
Marshmallow Sauce	100	0	0	0	0	0	20	26	0	22	0
Mayonnaise Packet	89	88	10	2	0	5	67	1	0	1	0
Melted Butter	400	396	44	10	14	0	360	0	0	0	0
Mushroom Gravy (4 oz.)	31	2	0	0	0	0	460	6	0	1	1
Mustard	40	22	2	0	0	0	660	3	3	1	2
Oil & Vinegar	253	252	28	4	0	0	3	0	0	0	0
Pineapple Salsa	30	1	0	0	0	0	19	7	1	5	0
Ranch Dressing	219	202	22	4	0	22	295	5	0	2	1
Raspberry Chipotle Sauce	150	0	0	0	0	0	467	37	0	30	0
Salsa	20	0	0	0	0	0	500	4	0	4	0
Sour Cream	120	90	10	7	0	40	60	4	0	2	2
Spicy Ranch Dressing	219	202	22	4	0	22	295	5	0	2	1
Tartar Sauce	300	288	32	5	0	30	920	2	0	2	0
Thousand Island Dressing	315	298	33	6	0	30	371	6	0	3	0
Whipped Butter	249	246	27	5	7	0	275	0	0	0	0
White Pepper Gravy (4 oz.)	91	46	5	1	2	0	455	11	0	2	1
Yeast Roll	120	13	1	0	0	0	92	24	1	6	3
+Whipped Butter	249	246	27	5	8	0	275	0	0	0	0
**dressings and dipping sauces are served in 2 oz. portion, except mushroom and white pepper gravy are served with a 4 oz. portion.											
DESSERTS											
Bread Pudding	1133	494	55	25	4	323	469	136	3	102	17
+ Vanilla Ice Cream	130	63	7	5	0	25	60	16	0	11	2
Cheesecake	874	536	60	35	2	307	634	69	2	57	15
+ Caramel Sauce	260	9	1	0	0	0	150	60	0	44	0
+ Chocolate Sauce	180	0	0	0	0	0	90	42	2	38	1
+ Praline Sauce	255	130	14	5	2	18	75	30	0	29	1
+ Raspberry Sauce	200	0	0	0	0	0	10	50	0	34	0
Ultimate Chocolate Sin-Sation	1085	338	38	13	0	152	459	173	4	131	11
Skillet Cookie (<i>where available</i>)	1162	434	48	26	0	83	689	173	6	120	12
Key Lime Pie (<i>where available</i>)	535	333	37	19	0	205	250	47	2	33	13
Butter Pecan Pie (<i>where available</i>)	530	279	31	11	0	115	260	57	2	29	5
Praline Pecan Sundae (<i>where available</i>)	875	441	49	26	4	114	322	102	1	84	8
Root Beer Float	310	63	7	5	0	25	105	61	0	56	2

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BEVERAGES											
Coffee	0	0	0	0	0	0	5	0	0	0	0
Decaf Coffee	0	0	0	0	0	0	5	0	0	0	0
Coke	119	0	0	0	0	0	7	32	0	32	0
Diet Coke	0	0	0	0	0	0	12	0	0	0	0
Sprite	116	0	0	0	0	0	26	31	0	31	0
Pibb Xtra	116	0	0	0	0	0	17	31	0	31	0
Minute Maid Lemonade	116	0	0	0	0	0	49	31	0	31	0
Hi-C Fruit Punch	125	0	0	0	0	0	11	34	0	34	0
Iron Horse Root Beer	180	0	0	0	0	0	45	45	0	45	0
Sweet Tea	74	0	0	0	0	0	6	18	0	18	0
+ Peach Syrup	70	0	0	0	0	0	3	18	0	17	0
+ Raspberry Syrup	70	0	0	0	0	0	3	18	0	17	0
Unsweetened Tea	0	0	0	0	0	0	6	0	0	0	0
+ Peach Syrup	70	0	0	0	0	0	3	18	0	17	0
+ Raspberry Syrup	70	0	0	0	0	0	3	18	0	17	0